

March 2018

Monday	Tuesday	Wednesday	Thursday	Friday
			Milk/Water 1 Whole Wheat Tortilla Brown Rice, Black Beans Cheese, Corn and Salsa Peaches	Milk/Water 2 Macaroni and Cheese Mixed Vegetables Pears
Milk/Water 5 Tuna Noodle Cassarole w/Egg Noodles Peas Applesauce	Milk/Water 6 Veggie Chili Brown Rice Cornbread Peas, Pears	Milk/Water 7 Whole Wheat Penne with Sauce Cottage Cheese, Broccoli Peaches	Water *** 8 Spanish Brown Rice with Ground Turkey Corn Pineapple	Milk/Water 9 Scrambled Eggs Potatoes Whole Wheat Rolls Peaches
Milk/Water 12 Grilled Cheese on Whole Wheat Bread Tomato Soup Carrot Sticks, Pears	Water *** 13 Roasted Chicken Brown Rice Green Beans Peaches	Milk/Water 14 Cheesy Pizza Salad Carrots Applesauce	Milk/Water 15 Whole Wheat Tortilla Brown Rice, Black Beans Cheese, Corn and Salsa Peaches	Milk/Water 16 Macaroni and Cheese Mixed Vegetables Pears
Milk/Water 19 Tuna Noodle Cassarole w/Egg Noodles Peas Applesauce	Milk/Water 20 Veggie Chili Brown Rice Cornbread Peas, Pears	Milk/Water 21 Whole Wheat Penne with Sauce Cottage Cheese, Broccoli Peaches	Water *** 22 Meatloaf Mashed Potatoes Corn Pineapple	Milk/Water 23 Scrambled Eggs Potatoes Whole Wheat Rolls Peaches
Milk/Water 26 Grilled Cheese on Whole Wheat Bread Tomato Soup Carrot Sticks, Pears	Water *** 27 Ground Turkey Goulash with Whole Wheat Elbows Green Beans	Milk/Water 28 Cheesy Pizza Salad Carrots Applesauce	Milk/Water 29 Whole Wheat Tortilla Brown Rice, Black Beans Cheese, Corn and Salsa Peaches	Milk/Water 30 Macaroni and Cheese Mixed Vegetables Pears

Breakfast & Snack Menu

Breakfast	Milk/Water Puffed Rice Cereal Apples	Milk/Water Brown Rice Cakes Grapes	Milk/Water Whole Wheat Oats Cantaloupe	Milk/Water Animal Crackers Oranges	Milk/Water Whole Wheat Bagels Honey Dew Melon
Snack	Water *** Whole Grain Cheez-its Raisins	Water *** Bananas Graham Crackers	Water *** Yogurt Pretzels	Water *** Cheese Sticks Whole Wheat Crackers	Water *** Townhouse Crackers HB Eggs

*** Milk is served with afternoon snack on days when meat is not served at lunch***