

# May 2018

Monday	Tuesday	Wednesday	Thursday	Friday
	Goulash Green Beans Pineapple Water	Cheese Pizza Salad Carrots Applesauce Milk	Spaghetti w/Sauce Cottage Cheese Tossed Salad/Carrots Peaches Milk	Scrambled Eggs Potatoes Whole Wheat Rolls Peaches Milk
Grilled Cheese on Whole Wheat Bread Tomato Soup Carrot Sticks, Peas Milk	Veggie Chili Brown Rice, Peas Cornbread Pears Milk	Whole Wheat Penne w/Sauce Cottage Cheese, Broccoli Peaches Milk	Spanish Brown Rice w/Ground Turkey Corn Pineapple Water	Macaroni and Cheese Mixed Vegetables Pears Milk
Tuna Noodle Casserole w/Egg Noodles Peas Applesauce Milk	Roast Chicken Brown Rice Green Beans Peaches Water	Cheese Pizza Salad Carrots Applesauce Milk	Whole Wheat Tortilla Brown Rice, Black Beans Cheese, Corn and Salsa Peaches Milk	Scrambled Eggs Potatoes Whole Wheat Rolls Peaches Milk
Grilled Cheese on Whole Wheat Bread Tomato Soup Carrot Sticks, Peas Milk	Veggie Chili Brown Rice, Peas Cornbread Pears Milk	Whole Wheat Penne w/Sauce Cottage Cheese, Broccoli Peaches Milk	Meatloaf Mashed Potatoes Corn Pineapple Water	Macaroni and Cheese Mixed Vegetables Pears Milk
Tuna Noodle Casserole w/Egg Noodles Peas Applesauce Milk	Ground Turkey Goulash w/Whole Wheat Penne Green Beans Pineapple Water	Cheese Pizza Salad Carrots Applesauce Milk	Whole Wheat Tortilla Brown Rice, Black Beans Cheese, Corn and Salsa Peaches Milk	Scrambled Eggs Potatoes Whole Wheat Rolls Peaches Milk

## Breakfast and Snack

Puffed Rice Cereal Apples Milk/Water	Brown Rice Cakes Grapes Milk/Water	Whole Grain Oat Cereal Cantaloupe Milk/Water	Graham Crackers Oranges Milk/Water	Whole Wheat Bagel Honey Dew Milk/Water
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Whole Grain Cheez-its Raisins Milk/Water	Graham Crackers Bananas Milk/Water	Townhouse Crackers Hard Boiled Egg Milk/Water	Cheese Sticks Whole Wheat Crackers Milk/Water	Yogurt Pretzels Milk/Water
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\*Milk is served with afternoon snack on days when meat is served with lunch.\*