

August 2018

Monday	Tuesday	Wednesday	Thursday	Friday
		Whole Wheat Penne w/Sauce Cottage Cheese, Broccoli Peaches Milk	Spanish Brown Rice w/Ground Turkey Corn Applesauce Water	Macaroni and Cheese Mixed Vegetables Peaches Milk
Tuna Noodle Casserole w/Egg Noodles Peas Applesauce Milk	Whole Wheat Tortilla Brown Rice, Black Beans Cheese, Corn and Salsa Pineapple Milk	Cheese Pizza Salad Carrots Pears Milk	Turkey Hot Dog w/Bun Green Beans Peaches Water	Scrambled Eggs Potatoes Whole Wheat Rolls Applesauce Milk
Grilled Cheese on Whole Wheat Bread Tomato Soup Carrot Sticks, Peaches Milk	Veggie Chili Brown Rice, Peas Cornbread Applesauce Milk	Whole Wheat Penne w/Sauce Cottage Cheese, Broccoli Peaches Milk	Meatloaf Mashed Potatoes Corn Pears Water	Macaroni and Cheese Mixed Vegetables Pineapple Milk
Tuna Noodle Casserole w/Egg Noodles Peas Applesauce Milk	Ground Turkey Goulash w/Whole Wheat Penne Green Beans Pears Water	Cheese Pizza Salad Carrots Applesauce Milk	Whole Wheat Tortilla Brown Rice, Black Beans Cheese, Corn and Salsa Peaches Milk	Scrambled Eggs Potatoes Whole Wheat Rolls Pears Milk
Grilled Cheese on Whole Wheat Bread Tomato Soup Carrot Sticks, Peaches Milk	Veggie Chili Brown Rice, Peas Cornbread Applesauce Milk	Turkey Hot Dog w/Bun Green Beans Peaches Water	RECC Closed	RECC Closed

Breakfast and Snack

Puffed Rice Cereal Apples Milk/Water	Brown Rice Cakes Grapes Milk/Water	Whole Grain Oat Cereal Cantaloupe Milk/Water	Graham Crackers Oranges Milk/Water	Whole Wheat Bagel Honey Dew Milk/Water
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Whole Grain Cheez-its Raisins Milk/Water	Graham Crackers Bananas Milk/Water	Townhouse Crackers Hard Boiled Egg Milk/Water	Pretzels Yogurt Milk/Water	Whole Wheat Crackers Cheese Sticks Milk/Water
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Milk is served with afternoon snack on days when meat is served with lunch.