

February 2019

Monday	Tuesday	Wednesday	Thursday	Friday
				Cheese Pizza Salad Carrots Pineapple Milk 1
Veggie Chili w/Cheese Brown Rice Cornbread Peaches Milk 4	Grilled Cheese on Whole Wheat Bread Tomato Soup, Celery Sticks Pears Milk 5	Whole Wheat Pasta w/Sauce, Ground Turkey Green Beans Mandarin Oranges Water 6	Cheese Pizza Salad Carrots Banana Milk 7	Macaroni and Cheese Squash Mixed Vegetables Applesauce Milk 8
Grilled Cheese on Whole Wheat Bread Tomato Soup, Celery Sticks Banana Milk 11	Roast Chicken Mashed Potatoes Beets Peaches Water 12	Tuna Noodle Casserole w/Egg Noodles Peas Pears Milk 13	Whole Wheat Tortilla Brown Rice, Black Beans Cheese, Corn and Salsa Applesauce Milk 14	Cheese Pizza Salad Carrots Mandarin Oranges Milk 15
Macaroni and Cheese Squash Mixed Vegetables Pineapple Milk 18	Grilled Cheese on Whole Wheat Bread Tomato Soup, Celery Sticks Pears Milk 19	Whole Wheat Pasta w/Sauce, Ground Turkey Broccoli Peaches Water 20	Cheese Pizza Green Salad Green Beans Mandarin Oranges Milk 21	Bologna Sandwich on Whole Wheat Bread Noodle soup, Carrots Applesauce Water 22
Grilled Cheese on Whole Wheat Bread Tomato Soup, Celery Sticks Pears Milk 25	Hot Dog on Bun Green Beans Butternut Squash Applesauce Water 26	Veggie Chili w/Cheese Brown Rice Cornbread Mandarin Oranges Milk 27	Roast Chicken Sweet Potatoes Beets Peaches Water 28	

Breakfast and Snack

Cereal Grapes Milk	Cereal Bananas Milk	Cereal Oranges Milk	Cereal Grapes Milk	Cereal Bananas Milk
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Ritz Crackers Apples Milk	Saltine Crackers Cheese Slice Milk	Graham Crackers Yogurt Milk	Whole Grain Cheez-its Cantaloupe Milk	Ritz Crackers Cheese Sticks Milk
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