

March 2019

Monday	Tuesday	Wednesday	Thursday	Friday
				Cheese Pizza Green Salad Carrots Pineapple Milk 1
Veggie Chili w/Cheese Brown Rice* Cornbread Peaches Milk 4	Grilled Cheese on Whole Wheat Bread Tomato Soup, Celery Sticks Pears Milk 5	Whole Wheat Pasta* w/Sauce, Ground Turkey Green Beans Mandarin Oranges Juice 6	Cheese Pizza Green Salad Carrots Banana Milk 7	Macaroni and Cheese Squash Mixed Vegetables Applesauce Milk 8
Grilled Cheese on Whole Wheat Bread Tomato Soup, Celery Sticks Banana Milk 11	Roast Chicken Mashed Potatoes Whole Wheat Bread, Beets Peaches Juice 12	Fish Nuggets Sweet Potatoes Whole Wheat Bread, Peas Pears Milk 13	Whole Wheat Tortilla* Brown Rice, Black Beans Cheese, Corn and Salsa Applesauce Milk 14	Cheese Pizza Green Salad Carrots Mandarin Oranges Milk 15
Macaroni and Cheese Squash Mixed Vegetables Pineapple Milk 18	Grilled Cheese on Whole Wheat Bread Tomato Soup, Celery Sticks Pears Milk 19	Veggie Chili w/Cheese Brown Rice* Cornbread Mandarin Oranges Milk 20	Cheese Pizza Green Salad Green Beans Mandarin Oranges Milk 21	Bologna Sandwich on Whole Wheat Bread Noodle soup, Carrots Applesauce Juice 22
Grilled Cheese on Whole Wheat Bread Tomato Soup, Celery Sticks Pears Milk 25	Hot Dog Whole Wheat Bread Butternut Squash Applesauce Juice 26	Whole Wheat Pasta* w/Sauce, Ground Turkey Broccoli Peaches Juice 27	Roast Chicken Sweet Potatoes Whole Wheat Bread, Beets Peaches Juice 28	Cheese Pizza Green Salad Broccoli Pineapple Milk 29

*Whole Grain

Breakfast and Snack

Choice of Cereal Grapes Milk	Choice of Cereal Bananas Milk	Choice of Cereal Oranges Milk	Choice of Cereal Grapes Milk	Choice of Cereal Bananas Milk
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Whole Grain Cereal choices: Cheerios*, Rice Krispies, Life*

Ritz Crackers Apples Milk	Brown Rice Cake* Cheese Slice Milk	Graham Crackers Yogurt Milk	Whole Grain Cheez-its* Cantaloupe Milk	Ritz Crackers Cheese Sticks Milk
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Milk is served with afternoon snack on days when meat is served with lunch.