

April 2019

Monday	Tuesday	Wednesday	Thursday	Friday
Grilled Cheese Sandwich* 1 Tomato Soup Cucumber Slices Pears Milk	Whole Wheat Pasta* 2 w/Sauce, Cottage Cheese Mixed Vegetables Mandarin Oranges Milk	Cheese Quesadilla 3 on Whole Wheat Tortilla* Salsa, Broccoli Peaches Milk	Tuna Noodle Casserole 4 w/Egg Noodles Peas Applesauce Milk	Cheese Pizza 5 Green Salad Carrots Pineapple Milk
Veggie Chili w/Cheese 8 Brown Rice* Cornbread Peaches Milk	Grilled Cheese Sandwich* 9 Tomato Soup Cucumber Slices Pears Milk	Whole Wheat Pasta* 10 w/Sauce, Ground Turkey Green Beans Mandarin Oranges 100% Juice	Cheese Pizza 11 Green Salad Carrots Pineapple Milk	Macaroni and Cheese 12 Squash Mixed Vegetables Applesauce Milk
Grilled Cheese Sandwich* 15 Tomato Soup Cucumber Slices Pineapple Milk	Turkey Meatloaf 16 Mashed Potatoes Bread*, Beets Peaches 100% Juice	Whole Wheat Tortilla* 17 Brown Rice, Black Beans Cheese, Corn and Salsa Applesauce Milk	Fish Sticks 18 Sweet Potatoes Peas Pears 100% Juice	Cheese Pizza 19 Green Salad Carrots Mandarin Oranges Milk
Hot Dog 22 Potato Wedges Broccoli Cantolope Water	Ground Turkey w/ 23 Brown Rice* Green Beans Clementines Water	Taco Salad 24 Beans, Corn, Rice Salsa, Matzah Chips Grapes Milk	Turkey Meatloaf 25 Sweet Potatoes Peas Honeydew Water	26 RECC Closed
Grilled Cheese Sandwich* 29 Tomato Soup Cucumber Slices Pears Milk	Fish Sticks 30 Sweet Potatoes Bread*, Beets Pineapple 100% Juice			

*Whole Grain

Breakfast and Snack

Choice of Cereal Grapes Milk	Choice of Cereal Bananas Milk	Choice of Cereal Oranges Milk	Choice of Cereal Grapes Milk	Choice of Cereal Bananas Milk
------------------------------------	-------------------------------------	-------------------------------------	------------------------------------	-------------------------------------

Cereal choices: Cheerios*, Rice Krispies, Life*

Ritz Crackers Apples Milk	Graham Crackers Yogurt Milk	Ritz Crackers Cheese Sticks Milk	Whole Grain Cheez-its* x Cantaloupe Milk	Brown Rice Cake* x Cheese Slice Milk
---------------------------------	-----------------------------------	--	---	---