

June 2019

Monday	Tuesday	Wednesday	Thursday	Friday					
Veggie Chili w/Cheese Brown Rice* Cornbread Peaches Milk	3	Grilled Cheese Sandwich* Tomato Soup Cucumber Slices Pears Milk	4	Whole Wheat Pasta* w/Sauce, Ground Turkey Green Beans Mandarin Oranges 100% Juice	5	Cheese Pizza Green Salad Carrots Pineapple Milk	6	Macaroni and Cheese Squash Mixed Vegetables Applesauce Milk	7
RECC Closed	10	Turkey Meatloaf Mashed Potatoes Bread*, Beets Peaches 100% Juice	11	Whole Wheat Tortilla* Brown Rice, Black Beans Cheese, Corn and Salsa Applesauce Milk	12	Fish Sticks Sweet Potatoes Peas Pears 100% Juice	13	Cheese Pizza Green Salad Carrots Mandarin Oranges Milk	14
Bologna Sandwich* Noodle soup Carrots Applesauce 100% Juice	17	Grilled Cheese Sandwich* Tomato Soup Cucumber Slices Pears Milk	18	Veggie Chili w/Cheese Brown Rice* Saltine Crackers Mandarin Oranges Milk	19	Cheese Pizza Green Salad Green Beans Peaches Milk	20	Macaroni and Cheese Squash Mixed Vegetables Pineapple Milk	21
Grilled Cheese Sandwich* Tomato Soup Cucumber Slices Pears Milk	24	Fish Sticks Sweet Potatoes Bread*, Beets Pineapple 100% Juice	25	Whole Wheat Pasta* w/Sauce, Cheddar Cheese Broccoli Peaches Milk	26	Hot Dog on Bun Green Beans Butternut Squash Applesauce 100% Juice	27	Cheese Pizza Green Salad Broccoli Mandarin Oranges Milk	28

*Whole Grain

Breakfast and Snack

Choice of Cereal Grapes Milk	Choice of Cereal Bananas Milk	Choice of Cereal Oranges Milk	Choice of Cereal Grapes Milk	Choice of Cereal Bananas Milk
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Cereal choices: Cheerios*, Rice Krispies, Life*

Ritz Crackers Apples Milk	Graham Crackers Yogurt Milk	Ritz Crackers Cheese Sticks Milk	Whole Grain Cheez-its* Cantaloupe Milk	Brown Rice Cake* Cheese Slice Milk
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