

September 2019

Monday	Tuesday	Wednesday	Thursday	Friday
RECC Closed	RECC Closed	RECC Closed	Spanish Brown Rice* Pinto Beans Corn Applesauce Milk	Cheese Pizza Green Salad Carrots Pineapple Milk
Veggie Chili w/Cheese Brown Rice* Cornbread Peaches Milk	Grilled Cheese Sandwich* Tomato Soup Cucumber Slices Pears Milk	Whole Wheat Pasta* w/Sauce, Ground Turkey Green Beans Mandarin Oranges Milk	Cheese Pizza Green Salad Carrots Pineapple Milk	Macaroni and Cheese Squash Mixed Vegetables Applesauce Milk
Grilled Cheese Sandwich* Tomato Soup Cucumber Slices Pineapple Milk	Turkey burger on Bun* Mashed Potatoes Bread*, Beets Peaches Milk	Whole Wheat Tortilla* Brown Rice, Black Beans Cheese, Corn and Salsa Applesauce Milk	Fish Sticks Sweet Potatoes Peas Pears Milk	Cheese Pizza Green Salad Carrots Mandarin Oranges Milk
Sunbutter & Jelly Sandwich Noodle soup Carrots Applesauce Milk	Grilled Cheese Sandwich* Tomato Soup Cucumber Slices Pears Milk	Veggie Chili w/Cheese Brown Rice* Saltine Crackers Mandarin Oranges Milk	Cheese Pizza Green Salad Green Beans Peaches Milk	Macaroni and Cheese Squash Mixed Vegetables Pineapple Milk
RECC Closed				

* = Whole Grain

Breakfast and Snack

Choice of Cereal Grapes Milk	Choice of Cereal Bananas Milk	Choice of Cereal Oranges Milk	Choice of Cereal Grapes Milk	Choice of Cereal Bananas Milk
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Cereal choices: Cheerios*, Rice Krispies, Life*

Ritz Crackers Apples Milk	Graham Crackers Yogurt Milk	Ritz Crackers Cheese Sticks Milk	Whole Grain Cheez-its* Cantaloupe Milk	Brown Rice Cake* Cheese Slice Milk
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